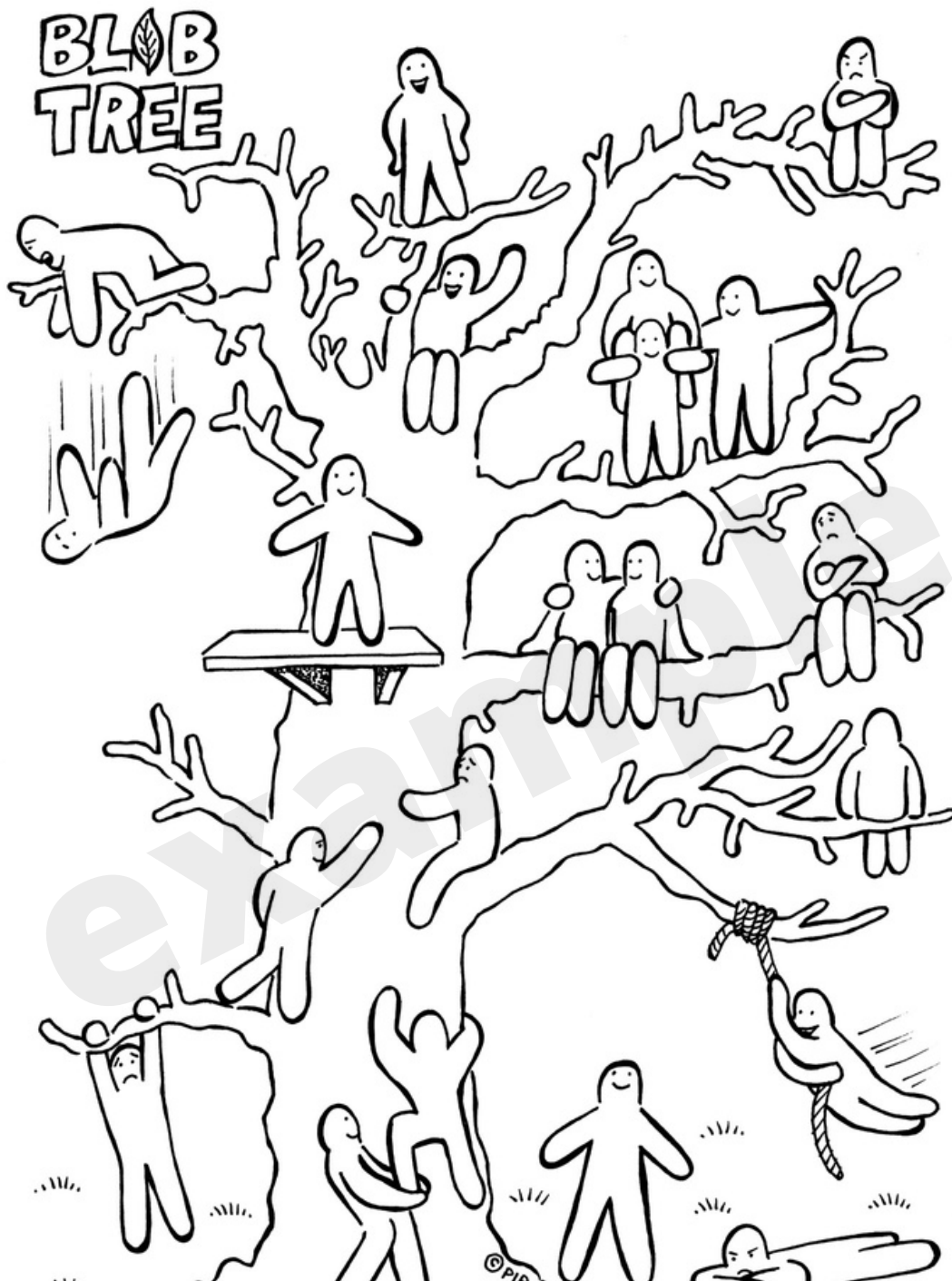# The Blob Tree

This is a great way to gain an insight into how people are feeling. Ask team members to identify the jelly baby character that best fits their mood. The aim isn't to illicit an emotional response, but to help you understand how people are feeling and why they may be responding to situations in a certain way.

To find out more and download your favourite Blob Tree, please visit https://www.blobtree.com/

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